

Senior Resources

RESOURCE AND SUPPORT	
ORGANIZATION	SERVICES
<p>Senior Support Program of the Tri-Valley 5353 Sunol Blvd, Pleasanton CA 94566 925-931-5379 www.ssptv.org</p> <hr/> <p>Senior Service Center-Livermore 4444 East Avenue, Livermore CA 925-373-5760 www.larpd.org/departments/seniorservices</p>	<p>Includes Case Management, Care Giving, Health Services, Nutrition and Exercise, In-Home Counseling, Transportation (by appt.), Friendly Visitor Program, Alcohol/Drug Prevention program, Alzheimer Support, Education and Resources</p> <hr/> <p>Exercise, Café', Crafts, Seminars. Programs & Services</p>
<p>Alameda County Social Services 510-577-1900 510-577-1972 510-638-6878 www.alamedasocialservices.org</p>	<p>Public Guardian Conservator, Area Agency on Aging Public Administrator Ombudsman</p>
<p>Legal Assistance for Seniors (LAS) 510-832-3040 www.lashicap.org/</p>	<p>Legal Assistance for Seniors works to ensure the independence and dignity of seniors by protecting their legal rights through education, counseling, and advocacy.</p>
<p>Cornerstone Fellowship 925-447-3465 www.cornerstoneweb.org</p>	<p>Provides prayer and support- grief care, cancer care, caregiver support, mental health, counseling</p>

HEALTH, SAFETY AND WELL BEING	
ORGANIZATION	SERVICES
<p>Health Insurance Counseling & Advocacy Program (HICAP) 510-839-0393 www.lashicap.org</p>	<p>Provides free and objective information and counseling about Medicare. Volunteer counselors can help you understand your specific rights and health care options</p>
<p>Alameda County In-Home Support Services (IHSS) 510-577-1800 www.alamedasocialservices.org</p>	<p>Program designed to provide assistance to those eligible; aging, blind, and disabled individuals</p>
<p>Bay Area Community Services (BACS) 925 292-0265 www.Bayareacs.org</p>	<p>Provides supportive services to persons with mental health-related disabilities, short/long term housing, and the elderly</p>
<p>Alameda County Department on Aging 510-577-3500 www.agcov.org/adults</p>	<p>These services include, but are not limited to, Adult Day Care, Family Caregiver Support programs, Food and Nutrition programs, Senior Information and Assistance, Long Term Care Ombudsman Services, and Senior Center Services</p>
<p>Adult Protective Services 866-225-5277</p>	<p>Elder Abuse and Financial Abuse</p>
<p>Friendship Line (Nat'l Institute on Aging) 800-971-0016 www.ioaging.org/services/all-inclusive-health-care/friendship-line</p>	<p>Trained volunteers offering a caring ear and friendly conversation with older adults who are depressed, isolated, frail and/or suicidal</p>
<p>VA Palo Alto Health Care System 925 373-4700 (Call for Appointment) www.paloalto.va.gov/</p>	<p>Health and benefits resources for veterans. 4951 Arroyo Rd, Livermore</p>

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Family Justice Center 510-267-8800 www.acffc.org	Provides programs for elderly and dependent adult abuse
Well Connected (formerly Senior Center Without Walls) A Covia Community Service 877-797-7299 or 925-956-7400 www.covia.org	Phone and online based program offering activities, education, friendly conversation and support groups to older adults- from the comfort of your home. Multiple Resources
Dental Assistance (Medi-Cal- Denti-Cal)	
Dr Nguyen 7137 Dublin Blvd, Suite A Dublin, CA 94568 925-828-6739 Dr. Pineda 6698 Amador Plzaz Rd, Suite A Dublin, CA 925-828-5500	Dr. Demefa 780 Mission Dr, Suite A Pleasanton, CA 925-462-2311

TRANSPORTATION	
ORGANIZATION	SERVICES
Dial-A-Ride 925-455-7510	For Dublin/Livermore residents
Paratransit 925-931-5376	For Pleasanton residents

FOOD AND NUTRITION	
ORGANIZATION	SERVICES
Meals on Wheels 925-931-5385 (Dublin/Pleasanton) 925-373-5764 (Livermore)	Provides healthy, nutritional meals to homebound seniors and disabled adults

HOUSING	
ORGANIZATION	SERVICES
Echo Housing (Alameda County) 510-581-9380 (Greater Alameda County) 925-449-7340 (East Alameda County) www.echofairhousing.org	Provides rental assistance, tenant/landlord services, counseling, fair housing. Project Share program: Match “Home Provider” with “Home Seeker”
County of Alameda 510-670-5404 www.acgov.org/cda/hcd	Provides rental assistance, tenant/landlord services, counseling, fair housing
City of Danville 925-314-3300 www.danville.ca.gov	Provides rental assistance, tenant/landlord services, counseling, fair housing
City of Dublin 925-833-6610 www.dublin.ca.gov	Provides rental assistance, tenant/landlord services, counseling, fair housing
City of Livermore 925-960-4580 www.livermore.ca.gov	Provides rental assistance, tenant/landlord services, counseling, fair housing

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<p>City of Pleasanton 925-931-5007 www.cityofpleasantonca.gov</p>	<p>Provides rental assistance, tenant/landlord services, counseling, fair housing</p>
<p>City of San Ramon 925-973-2560 www.sanramon.ca.gov</p>	<p>Provides rental assistance, tenant/landlord services, counseling, fair housing</p>
<p>Habitat for Humanity www.habitatetsv.org/services/home-repair/livermore</p>	<p>Provides rental assistance, tenant/landlord services, counseling, fair housing</p>
<p>Community Resources for Independent Living 3311 Pacific Ave, Livermore 925 371-1531 www.cril-online.org/contact/</p>	<p>Offers independent living services at no charge to persons with disabilities living in Alameda County. Also a resource for disability awareness education and training, advocacy, and technical advice</p>
<p>City of Pleasanton-Housing Rehab Program 925-931-5013</p>	<p>Minor/Major Home Repairs, Loans and Grants. Free Accessibility Improvements</p>